**ORGANIC AND ALLOTMENT GARDENING 2026**

**Tim Foster – St. Werburgh’s City Farm**

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| **Wednesday**  **9.30am-12.30pm** | **Topic** | **SESSION NUMBER** |
| January 28th  February 4th  11th | **Introduction. Soils.**  **Principles of Growing Fruit, Planting and Pruning.**  **Apples** | 1  2  3 |
|  | HALF TERM |  |
| 25th  March 4th  11th  18th  25th  April 1st | **Soft fruit**   * 1. **Organic principles. Beds. No-dig**   2. **Potatoes**   **Rotations. Companion planting**  **Brassicas**  **Seeds and Sowing** | 4  5  6  7  8  9 |
|  | EASTER |  |
| 22rd  29th  May 6th  13th  20th | **Roots**  **Weeds and weeding**  **Fertility and nutrients**  **Legumes**  **Pests and Diseases** | 10  11  12  13  14 |
|  | HALF TERM |  |
| June 3th  10th  17th | **Alliums**  **Composting**  **Salads. Evaluation. Summary.** | 15  16  17 |

Each session consists of 2 hours theory in the Community Room at St. Werburghs City Farm 9.30-11.30am, followed by an hour’s practical on Ashley Vale Allotments 11.30am-12.30pm. Timings will be approximate.