TEAM CHALLENGES

Information pack



St Werburghs

City Farm

Welcome!

Thanks for your interest in volunteering at St Werburghs City Farm.

There are always exciting projects to get involved in and beautiful spaces to maintain and we need willing teams of volunteers from local businesses and organisations to roll their sleeves up and get stuck in through our Team Challenge scheme. Without you we simply wouldn't get the jobs done!

About the farm

St Werburghs City Farm is a green oasis in the heart of Bristol that connects people to food, the natural environment and the local community. We have three different sites, including a 2-acre working Farm, a 2.5-acre educational woodland, 1-acre community garden, as well as administering 13 acres of community allotments on behalf of Bristol City Council.

In these spaces we deliver several services that build resilience, reduce isolation and strengthen community, including for adults with additional needs, those experiencing disadvantages, youth groups and local schools.

We attract more than 60,000 visitors a year, who can get up close to the farm animals, explore our growing spaces, play in the adventure playground, eat in our award-winning cafe and let their hair down at our seasonal events.

The Farm

Our 2 acre working farm is a free community resource for all and to keep it this way requires a lot of attention. We need to ensure the the Farm is accessible and safe for children and toddlers, as well as the elderly and those with physical disabilities- adult service users who attend regularly can sometimes be unsteady on their feet.



The Community Garden

This garden is a 1-acre spot of paradise within the city. It offers growing space for fruit, vegetables, flowers and plants as well as community space for all those passing. It is an important part of community integration and offers green spaces to many children who grow up in an urban environment without access to a garden. We use the garden as a teaching space to work with adults with learning difficulties.



Boiling Wells

Boiling Wells is our 2.5 acre woodland site, a few minutes walk from the farm itself. With a terraced orchard, rambling soft fruit, wild green spaces and native trees, it’s a unique oasis in the heart of the city. Facilities on site include a larch Barn, Roundhouse, amphitheatre, outdoor kitchen, cob pizza oven and fire circles. This space is used daily for offering education and wellbeing opportunities for children and adults.



Tasks you can expect to do

The types of activities vary depending on the time of year but expect to be challenged whenever you volunteer. Activities will be confirmed before your day at the Farm, and these may include:

- Summoning up those secondary school carpentry skills to build anything from a goat standing platform to erecting perimeter fences.
- Maintenance work such as painting toilets, re-varnishing the outdoor kitchen or repairing our raised beds.
- Getting creative by weaving a willow dome or making goats milk soap.
- Gardening work, such as weeding our vegetable patches, bashing brambles or clearing nettles.

Medical issues

Please make sure you have told us if you have any medical issues, injuries, allergies or food intolerances. We will always provide a range of tasks suitable for different abilities so please choose something you feel comfortable with. We are also happy to change things around so you feel comfortable - just let us know!
You can find more information about accessibility at the farm here:

swcityfarm.co.uk/accessibility/

Getting to the Farm

Parking is limited to the residential streets around the farm, so please car share where possible or travel by foot, bike or public transport. More info is available here:

swcityfarm.co.uk/directions-opening-times/

What to bring/wear

Wear clothes you don't mind getting dirty and dress for the weather i.e. raincoats if it is raining, layers for uncertain days etc. Pack a long sleeve top and make sure your legs are covered for gardening tasks. Make sure your footwear is sturdy, ideally steel toe caps but otherwise sturdy walking boots or wellies. Bring sun cream for sunny weather and a hat if necessary. You should also bring a water bottle to fill up throughout the day.



Health & Safety

We believe a productive working environment is a safe one! As well as providing PPE, i.e. gloves, goggles and hard hats where necessary, we provide safe tool use talks at the start of the session. We will provide you with our up-to-date Risk Assessment after you've booked.

Lunch and refreshments

When you first arrive in the morning be expected to be presented with a cup of tea, biscuits and fruit. There will be an opportunity to stop for more refreshments in the morning and afternoon, but if you need to take a break at any point, just let your group leader know. Volunteering is fuelled by tea after all!

We do not organise your lunch but can give you an idea of options, which may include:

- Nip next door for a pizza at the The Farm pub.
- Arrange a buffet-style lunch from the award-winning City Farm Cafe. An example of their menu is provided along with this too.
- Order lunch to be delivered. A few recommended options to look into are:

  Daikan- www.daikan.uk/st-werburghs-city-farm-catering
  Sandwich Sandwich -https://sandwichsandwich.co.uk/
  Coexist Community Kitchen - www.coexistcommunitykitchen.org/

- Bringing your own packed lunches, which you can eat on one of our sites.

What happens on the day

When you arrive, come to the Farm Office and a member of staff will meet you. Here is an example of how the day will run:

9:00	Arrive at City Farm
9:00	Meet your team leader for the day for a welcome talk about the Farm - what we stand for, what we do and who we do it for over a cup of tea
9:45	Collect tools, equipment and necessary PPE and head to task sites. Staff to offer a brief of tasks and cover health and safety
11:15	Tea break, coffee and biscuits
11:30	Mid-day tasks begin
13:00	Lunch
14:00	Afternoon tasks begin
16:00	Finish afternoon activites and clear up work area
16:15	Photo shoot of projects completed
16:30	Time to head home

Cost

We charge £55 per person with a minimum of £350 for one booking, with a 20% reduction for non-profit organisations.

This covers staff to support your group, materials and equipment required for your task, supply of protective gear and plenty of tea, coffee and biscuits throughout the day. We are able to work with most budgets therefore if you have a little more, you can choose a larger project, or we can tailor the task to suit a smaller budget. If you are tasked with fundraising the money, we can help with ideas, sponsorship forms and publicity.

Cancellations

f you need to cancel the day, please give us as much notice as possible. The following refunds apply to different cancellation notice periods:

- 6 weeks or more – 100% refund
- 3 – 6 weeks – 50% refund
- Less than 3 weeks – no refund eligible

Please give us as much notice as you can if you'd like to alter the number of people coming along. The notice periods above also apply should you reduce the number of people attending.

Contact us

Hope that covers everything, but if you have any questions please contact Alex, our Sites Operational Manger, on sites@swcityfarm or give us a call on 0117 9428241.

See you soon!

St Werburghs City Farm